

# COSMOPOLITAN

The Unstoppable  
**Ashley  
Park**

Near-Death  
Experience  
Be Damned

**Guess What:  
Sex Is  
Productive**  
The Best  
Memo You'll  
Get This Year

**Beyoncé's  
Favorite  
Trend Has  
Come for  
Us All**  
Buckle Up

**Yeah, We're  
Injecting Our  
Moisturizer Now**  
And You Very  
Much Want In

**Your Hot Girl  
Vibe Needs  
Travel Plans  
to Match**  
Introducing  
Cosmo's New  
Hot Hotel  
Awards

**Spicy Fiction**  
Before It's on  
BookTok, It's  
on Page 92



## **Sorry, the Spa Facial Is Officially Dead**

True, she felt great. But she didn't ever do much beyond clear some gunk out of your pores. The next-gen replacement happens in a dermatologist's office and combines multiple treatments in a single session to actually improve dark spots, acne, fine lines, and dullness. Typical are techniques like dermabrasion, LED light therapy, microcurrent, and radiofrequency, some of which provide immediate results and require no downtime.

### **TRY THESE**

#### **1. DiamondGlow**

A 45-minute treatment that infuses hydration into your skin. *\$150 to \$350*

#### **2. Hydrafacial**

Thirty minutes of skin-cleaning and serum-infusing. *\$200 to \$250*

#### **3. Glo2Facial**

A three-part treatment that uses oxygen bubbles and sculpting massage. *\$200 to \$500*